

EL AVISO

February 2004

Do Your Children Need Health Insurance?

New Mexikids is a Medicaid health plan that offers medical, dental and vision care for children up to the age of 19. If you qualify, it can cover the co-pay for your existing insurance. Medicaid can also cover Pregnancy expenses and Family Planning for women.

Medicaid enrollment days at *Las Clinicas del Norte* are Monday-Friday: (8:30am-3:30pm)

With questions for eligibility contact:

Ramona Moya

@

581-4728- El Rito, NM

583-2191- Ojo Caliente, NM

685-4479- Abiquiu, NM

¿Necesitan Sus Hijos Un Seguro Medico?

New Mexikids es un plan de salud de Medicaid que cubre los gastos médicos, dentales y de vision para niños nacidos en los Estados Unidos hasta la edad de 19.

Si su familia cualifica, el plan puede tambien cubrir el deducible del seguro que ya tiene. Medicaid tambien cubrir los gastos del embarazo y planificación familiar para mujeres.

Para recibir ayuda con la solicitud, visite *Las Clinicas del Norte*, lunes a viernes, (8:30am-3:30pm).

Para preguntas para cualificar llame:

Ramona Moya

@

581-4728- El Rito, NM

583-2191-Ojo Caliente, NM

685-4479 Abiquiu, NM

Child Birth Preparation

Monthly Prenatal Class

1st Class

Abiquiu

February 19 – 5:00 to 8:00 pm

At Abiquiu clinic

Presented by Crystal Martinez, RN
Three hour class preparing
for child birth

Will cover

1. Breathing techniques
2. Relaxation and Exercise
3. Taking care of yourself and your new baby

Material available in English and Spanish
Snacks Provided

SIGN UP REQUIRED:

Call Abiquiu clinic to sign up, 685-4479 or
Crystal Martinez, Ojo Caliente clinic, 583-2191

LAS CLINICAS DEL NORTE: A Community Health Center, Established in 1972

Serving the communities of Abiquiu, Ancones, Barranco, Cañon, Carson, Chili, Cañones, Cañon Plaza, Duranes, El Llanito, El Pueblo, El Rito, Gallegos, Gavilan, Ghost Ranch, La Cueva, La Madera, La Mesa, La Zorro, Las Casitas, Las Tablas, Los Pinos, Medanales, No Agua, Ojo Caliente, Olguin, Petaca, Placitas, Plaza Blanca, Rio Chama, San Miguel, Servilleta, Servilleta Plaza, Silvestres, Tierra Azul, Tres Orejas, Tres Piedras, Tusas and Vallecitos and Youngsville

Assistance

FOR ASSISTANCE, YOU MAY CONTACT:

MARY CHAVEZ

@

Las Clinicas Del Norte

Mon., Tues., Thurs.- 8:30 am - 5:30 pm

Wed.- 9:00 am-5:30 pm

Mary Chavez is available in applying for Energy Assistance, if you are eligible under income guidelines, food stamp applications, Medicaid for the elderly; Medicare information.

Also available is assistance in enabling you to enroll as a new patient here at Las Clinicas Del Norte, by assisting you in applying for the Sliding Scale Discount, which allows you to access services in the Medical, Dental, & Counseling Department, at a lower Rate.

If you are seeking Social Security Disability Representation, and need help, Mary is able to help you find that person. Other resources are also available for other needs.

La ayuda está disponible en solicitar Energía Ayuda, si usted tiene derecho a abajo pautas de ingresos, las aplicaciones de sello de alimento, el Seguro médico para las personas mayores; información de cuidado Médico.

También disponible es ayuda a permitirlo matricularse como un paciente nuevo aquí en Las Clinicas Del Norte, ayudándolo a solicitar el Descuento de la Escala que Desliza, que lo permite conseguir acceso a los servicios en el Médico, Dental, & Aconsejando el Departamento, en una Tasa más baja.

Si usted busca la Representación de la Incapacidad de la Seguridad Social, y ayuda de necesidad, yo soy capaz de ayudarlo a encontrar esa persona. Otros recursos están también disponibles para otras necesidades.

PARA la AYUDA, USTED CONTACTE:

MARY CHAVEZ

@

Las Clinicas Del Norte:

Mon., Tues., Thurs.- 8:30 am - 5:30 pm

Wed.- 9:00 am - 5:30 pm

NOTICE: Las Clinicas will no longer be a Volunteer Income Tax Assistance Site (VITA). Mary Chavez will not be preparing federal or state taxes for the 2003 Tax Year.

Free state tax preparation only will be provided by the Home Education Livelihood Program (HELP) at Las Clinicas in EL Rito on February 19th starting at 10:30am. Abiquiu and Ojo Caliente clinics' time to be announced, please contact Mary Chavez (581-4728) for more information on dates.

Announcements & News Briefs

Las Clinicas del Norte is proud to announce that **Tony Guiles, MD** is now the clinics' Medical Director. Tony, a retired specialist in the care of children, has served on the Las Clinicas Board for many years and until recently as the Board Chairperson.

Gracie Haws, Promotora in El Rito has resigned to concentrate on her schooling. Good Luck, Gracie. The Promotora position is now open. Please contact Thelma at 581-4728 if you are interested.

Volunteers Requested Las Clinicas Advisory Board

A Primary Care Program Advisory Board (PCPAB) serves Las Clinicas. The Board is made up of volunteer community members representing our different service areas, Ojo Caliente, El Rito, and Abiquiu.

The PCPAB is a good way of providing input into the continued development of Las Clinicas, with a minimal time commitment.

The primary mission of the Advisory Board is to provide advice to the Board of Directors of Las Clinicas in areas such as scope of services, payment policies, budget, hours of operation and staffing.

For example, working closely with the Board, they have been involved with Needs Assessments, as well as attending monthly Board meetings. The PCPAB meets twice a year and presents a report to the Board of Directors to review.

The Advisory Board also interacts with people in the community. Currently there are four members but there is a request for more positions. If you are interested in joining the Advisory Board, call Willie Picaro for details at 685-4333, ext. 144.

OJO CALIENTE BOOKMOBILE SCHEDULE

Tuesday, March 2 ~ at 4:05 to 5 PM

⊗ Community Events ⊗**Contact Person, Joan Tollefson, Editor, 581-9103 or 581-4728****Las Clinicas 24-hour Emergency Number – 1-888-678-6160****El Rito****Las Clinicas del Norte Board Meeting** – every 3rd Monday, 7 pm, El Rito clinic Community Room**El Rito Library** – Tues, Wed, Thurs, 11 am – 6 pm, and Sat, 11 am – 3 pm.**El Rito Library Board Mtgs.** – every 1st Wed, 6 pm at Library**AA Meetings El Rito** – Tues, & Thurs, 7m – 8pm, at Catholic Church Parish Hall, open discussion. Contact Ed F. 581-4559**El Rito Fire Dept. Mtgs.** – every 2nd Wednesday, 7 pm, at the El Rito Fire Station, open to the public**Tutoring** –El Rito Save the Children Ctr, call for info. 581-4516**Recycling El Rito** – every 4th Saturday, 9 am – 2 pm, behind the Martins Store Gas Station**NA (Narcotics Anonymous)** - Sunday at 7:30 pm at the El Rito Library on Route 215 in El Rito.**Abiquiu****Recycling Abiquiu** – 4th Sunday every month, 9 am-2 pm, Abiquiu Las Clinicas clinic parking lot**Abiquiu Fire Dept. Mtg.** – every 2nd Thursday, 7 pm at Fire Dept.**Al-Anon Meetings Abiquiu** – Monday, 5 pm, call for location, contact numbers, 581-4471 or 685-4503**Abiquiu Library** – Mon, Tues, Wed, Thurs, 12:30 pm – 6 pm and Sunday, 9 am – 12 noon, located on the Plaza**Ojo Caliente****Ojo Caliente Fire Dept. Mtg.** – every 1st Wednesday, 7 pm, Ojo Caliente Fire Dept.**Medanales****Medanales, Rio Chama, Tierra Azul Community Mtg.** – every 1st Mon, 7 pm, Medanales Comm. Ctr., ph.# 685-9416**Northern New Mexico Community College
El Rito Campus****February 2004**

Feb. 2 – Northern will have a booth at the College Day event at the State Capital.

Feb. 6 – Last day to withdraw without a grade or obtain a refund.

Beginning Feb. 4 – Jam Nights with Gilbert Sena in Cutting Hall. Come jam with Gil and have some great fun. It's **Free!**

Computer Lab is open Tuesday - Friday, 5 - 9 pm, Ron Bain, supervisor.

Grant Gym is open Monday - Thursday, 7am – 7pm, Felix Romero, supervisor.

Spring registration went very well and enrollment increased on the El Rito Campus. Also, we have

some really neat and exciting classes to be offered in the next couple of months. Please check with Dorothy Duran at 581-4115.

NOTE: The public is always welcome at the NNMCC Cafeteria. Hours are:

Breakfast - 7:30 -10:30 am

Lunch - 11:30 am – 1:30 pm

Dinner - 5:00 – 6:00 pm (On Friday evenings cafeteria hours vary and may closing earlier).

Donald Martinez, Student Activities Coordinator, at 581-4120.

CAMP Program**Now Recruiting****1st Year College Students****CAMP** is the College Assistance Migrant Program at Northern New Mexico Community College. This program offers higher education opportunities to our farmworker students.

CAMP provides full-time, first year college students from migrant and/or seasonal farmworker backgrounds with comprehensive academic support to assist in the development of the skills needed to stay in college and successfully graduate. Financial assistance includes tuition, books, supplies, room and board, transportation, health insurance, physical exam and a monthly stipend.

Northern's CAMP program will select and provide first year financial assistance to 35 students for the fall and spring semesters. While high school performance is important, CAMP selections emphasize financial and academic need, ambition, desire and commitment to success in higher education.

To qualify a student must: 1) be a seasonal or migrant farmworker or have a parent/legal guardian who has done seasonal or migrant farmwork. The qualifying farmworker must have worked at least 75 days within the last two years, 2) be a high school or GED graduate, 3) become accepted to Northern as a full time freshman, 4) be in the first academic year, 5) be able to document financial need and have completed a FAFSA application, 6) submit the completed application and necessary paperwork by the designated deadline.

For more information please contact:

Ray David Martinez at Northern's El Rito campus 1-505-581-4144 or email: raydavid@nmcc.edu.

EL RITO LIBRARY

Ph. 581-4608

Tuesday - Wednesday - Thursday, 11am – 6pm,
and Saturday, 11am – 3pm.

Your Local Resource for • Books • Computers
• Videos • Books on Tape • Literacy for all ages

New Board President

Tracy McBride is our new Library Board President. Tracy resides here in El Rito and is a hairstylist and artist. Tracy has been a member of the El Rito Library Board for about a year now and is ready for the many challenges ahead in making our Library much better and greater. Her love and passion for the library will only help us to expand our resources, services and whatever comes along. Good luck Tracy, we are all behind you!

Job Announcement

The El Rito Library is looking for a person to coordinate the Adult Literacy Program. Primary responsibilities are to schedule adult students for sessions, and arrange times and locations for tutors and interested students to meet. At present, the program concentrates on proficiency in English, but it includes literacy in Spanish and Basic Computer Training. The responsibilities may also include writing interim and final reports, record-keeping and helping with next year's grant request. The Adult Literacy Program is 100% funded by the **New Mexico Coalition for Literacy**. The position is funded through June 30, 2004, with a possibility of funding through fiscal year 2005. Essential requirements for applicants: the person must be a Spanish speaker, with a proficiency in English, and be familiar with the community served by the library. This is a part-time position, 7 to 10 hours per week. Salary will be \$8 to \$10 per hour, depending upon skills and experience. Please send a letter with a resume or bio or call the library expressing your interest by February 15, 2004.

Family Resource Center

We would like to remind our community members and people in the surrounding areas about our "Family Resource Center". Maxine Fine worked very hard in getting a family

resource center started here at the Library. There are many, many books on topics dealing with family situations, medical problems, drugs and alcohol abuse, teenage peer pressure, and pregnancy. This Family Resource Center was put together in collaboration with Las Clinicas del Norte.

Books for Sale

We have many, many, books for sale in the hallway at the main entrance. Charles Bayly will be putting up some bookshelves in the hallway and putting new books for sale about every two to three months. It will be much easier to see what books are available instead of having to go through so many boxes. Paperbacks are only 25 cents and hardcovers are 50 cents.

Donations and fundraisers are what keep your Library open. If you would like to make a **tax deductible donation**, please drop off your donation at the library or mail it to: El Rito Library, P.O. Box 5, El Rito, NM 87530.

Don't forget, if you want to get involved in helping your library with fundraising events, volunteering and publicizing the library, join the "Friends of the Library". Contact Joan Tollefson at 581-9103 for more information.

ABIQUIU PUBLIC

LIBRARY

TUTORING: The New Year is off to a fantastic start in knowing that our Library is thriving with children and tutoring VOLUNTEERS once again. Rabia Van Hattum is doing a great job in coordinating this program and in recruiting the adults' valuable time to mentor referred children from the local elementary for assistance in completing their daily homework and other learning projects. These special people are as follows:

Elizabeth Ayres
Betsy Conover
Susan Martin
Willie Picaro
Holli Coen

Sharon Burkard
Val Goldenbrook
Tamara Kay Nordby
Irene Schio

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Abiquiu Public Library ⇒

THANK YOU: Tremendous gratitude goes out to those of you who responded to our Christmas request letter. Your very considerate giving has allowed our doors to remain open for yet another year. Made prosperous by your sharing, our hope is that you feel treasured for your kindness and know that we honor you all profoundly.

NORTHERN NM HISTORY CLASS is being sponsored by NNMCC beginning in early February. Sign up at the Library soon! Tuition is \$40 and the class will be held on Wednesdays from 6:00 pm to 8:00 pm.

ORAL HISTORY PROJECT: Rio Arriba County has awarded Lodger Tax Funding to Luciente for an Oral History Project of the Abiquiu Pueblo and its people. This is priceless in updating Land Grant information and keeping a documentary of last names and relations.

We plan to create a Historical Society and/or Preservation Committee that will assist in actual interviews with our elders from within the Santo Tomas Parish community at large. If all goes well, confirmation of candidates will be big parts of the translation process, along with your assistance in helping them gain interest and respect for who they are. Call the Library if you know of anyone that would be willing to become part of this project, so that in time we will be able to look back on our "legends".

February 11th is set for the next monthly meeting. We will get together in the Library at 6:00 PM. Everyone is welcome to attend and participate in the future planning; this is for the benefit of our children and patrons. We are also open to communication regarding all aspects of special projects and services at the library circulation desk.

THE LORD OF THE RINGS, written by J.R.R. Tolkien, a three-volume epic, is set in the imaginary world of Middle-earth, home to many strange beings, and most notably hobbits, a peace-loving little people, cheerful and shy. Since its original British publication in 1954-55, this saga has

entranced readers of all ages. It is at once a classic myth and a modern fairy tale. Now Part III, the final story of this epic saga, is one of the hottest movies playing at theaters: *The Lord of the Rings: The Return of the King*, and it is a great movie. This movie is getting high credits in many reviews (not to mention from our very own Library Aide, who has already gone to see it four times!).

We have this book in our library collection along with the first two books of this adventure story: *Part I, The Fellowship of the Ring and Part II, and The Two Towers*. We also have the story that started it all: *The Hobbit*. Come in and start reading it for yourself and let your imagination go wild, you just might be amazed by this great story.

We would like to express a great big THANK YOU to our computer tech Leonard Ferran, for all the work he does for us here at the library. Leonard has been helping us for most of our 5 years by keeping our computers healthy and strong and as clean as possible inside and out. He has also helped with some of the maintenance work of the library furniture, repairs on the building (our leaking roof) and comes in to open the library whenever needed, and almost anything we need help, he is always willing to come in. Thank you again!!!

A sad goodbye to one of our most loyal patrons: Will Withers, we will miss him. Will had been coming into the library for quite awhile and had become pretty good with the computer and the Internet learning and doing business. Although he needed help sometimes, Will caught on rather quickly and in no time he was working pretty much on his own. Will Withers passed away in mid-January. We will truly miss his presence here in the library.

Abiquiu Library Hours

Ph: 685-4884

Sunday – 9:00 am – Noon

Monday, Tuesday, Wednesday & Thursday

12:30 pm – 6:00 pm

Closed Friday, Saturday and Holidays