

— EL AVISO —

March 2008

*Introducing the New Director of
Counseling and Community Services
at Las Clinicas del Norte*



**Jessie
Martinez, LISW**

Jesse S. Martinez received both his Bachelor of Arts Degree in 1980 and his Masters Degree in Clinical Social Work in 1992, from the University of Utah, Salt Lake City.

Working with troubled adolescents was his earliest passion. In 1980, Jesse served as a Juvenile Probation Officer for three years then moved into the area of Juvenile Corrections as a Treatment Supervisor for about 11 years.

His training and experience include; Employee Assistance Counseling, Critical Incident Stress Debriefing, Private Practice, DWI Instructor, seven years with the Espanola Schools Special Education Department, two years as Clinical Director with Rio Grande Drug and Alcohol Residential Treatment, and now with Las Clinicas del Norte, he is currently pursuing certification in Eye Movement Desensitization Reprocessing (EMDR) for more time-efficient treatment of Trauma and Post Traumatic Stress symptoms.

Born in Chimayo, NM Jesse moved to Laramie, WY at age ten and returned to Albuquerque, NM to finish high school at Menaul Boarding School. He joined the U.S. Marine Corp and served in Viet-nam in 1967-68. Jesse resides in Espanola with his beautiful wife, Colleen. Both have an affinity for camping, hiking and travel and especially love exploring the Carson National Forest in the El Rito area.

Jesse is proud to be the new Counseling and Community Services Director (CCS) at Las Clinicas del Norte. LCDN provides counseling services to all individuals from a wide range of cultural back grounds, education, income levels and age groups. Our concerned staff provides assistance, guidance and counseling in the areas of depression, anxiety, relationships, alcohol/substance abuse and other behavioral health issues, without judgments.

At our School-Based clinics, we also offer tobacco, alcohol/substance abuse, depression and academic screenings as identification and prevention tools. Our Clinic also has Medicaid Outreach personnel available to educate and enroll the general population for Medicaid coverage.

Las Clinicas Del Norte announces the beginning of an **alcohol and substance abuse out-patient treatment group**

beginning the first week of March 2008.

The groups will take place weekly, Friday's from 2:30 to 4:00 PM, at the Ojo Caliente Clinic.

This is an open enrollment group scheduled for 12 weeks. The groups will incorporate information from The Community Reinforcement Approach (CRA), Motivational Interviewing (MI), and the Twelve Steps program.

LAS CLINICAS DEL NORTE: A Community Health Center, Established in 1972

Serving the communities of Abiquiu, Ancones, Barranco, Cañon, Carson, Chili, Cañones, Cañon Plaza, Duranes, El Llanito, El Pueblo, El Rito, Gallegos, Gavilan, Ghost Ranch, La Cueva, La Madera, La Mesa, La Zorro, Las Casitas, Las Tablas, Los Pinos, Medanales, No Agua, Ojo Caliente, Olguin, Petaca, Placitas, Plaza Blanca, Rio Chama, San Miguel, Servilleta, Servilleta Plaza, Silvestres, Tierra Azul, Tres Orejas, Tres Piedras, Tusas, Vallecitos, Youngsville

ANNOUNCEMENTS

Good Bye and Welcome

Claudia Duran, RN, who was the Charge Nurse at the El Rito clinic resigned. Good Luck Claudia.

Jessica Martinez, RN, has been hired to replace Claudia Duran at the El Rito Clinic.

Karen Martinez, Medical Assistant, has been hired as floater to fill in at all sites. **Regina Martinez** has been hired as Medicaid Eligibility Outreach Worker. Welcome to all.

Health Fairs Coming!

Los Clinicas del Norte is going to host HEALTH FAIRS in each of the three clinic communities.

Ojo Caliente

Friday - April 25, 1-5:30

Blood Screening, Cholesterol panel, Nutritional discussion, and much more

Special Events:

Road and ATV safety review

with State helicopter road accident demonstration

Fire and Home safety review

demonstrated by Fire Department

Children's Activities - Food - Door Prizes

For further information call Crystal or Aggie in Ojo Caliente 653-2191.

El Rito

Friday - May 9, 1-5:30

El Rito health fair will be combined with a celebration in May of Las Clinicas del Norte's 35th Anniversary.

Abiquiu

to be scheduled in June

NOTE: We will plan to close each of the clinics for 1/2 day for the health fair.

Funded in part by a Community Health and Wellness initiative.

⊗ Community Events ⊗

Contact: **Joan Tollefson 1-505-323-1519/ 581-4728 x255/ email: joan@lcdn.org**

For Health Advise when we are closed, call Nurse Advise New Mexico 877-725-2552 open 24 hours.

El Rito

Las Clinicas del Norte Board Meeting - every 4th Monday, 6 pm, El Rito clinic Community Room

El Rito Library - Tues, Wed, Thurs, 10 am – 6 pm, Sat, 11 am – 5 pm

El Rito Library Board Mtgs. - every 2nd Wednesday, 6:30 pm at Library

AA Meetings El Rito - Tues & Thurs, 6:30-7:30 pm, and

Sun, 5:00-6:00 pm, both at El Rito Library. Open discussion.

El Rito Fire Dept. Mtgs. - every 2nd Wednesday, 7 pm, at the El Rito Fire Station, open to the public

Tutoring - El Rito Save the Children Ctr, contact # 581-4516

Recycling - CLOSED: monthly recycling behind Martin's Store.

NEW LOCATION: Daily Recycling Station at the old El Rito Dump. Look for flyer or call for information, Joseph Lewandski of North Central Solid Waste 747-8459.

Abiquiu

Abiquiu Fire Dept. Mtg. - every 2nd Thursday, 7:30 pm, Fire Dept.

AA Meeting - Saturday, 12 Noon, Abiquiu Library

Al-Anon Mtg. - Every Mon. 5:30-6:30, Abiquiu Clinic rear bldg.

For info call Jean 685-4490

Abiquiu Library - Mon, Tues, Wed, Thurs, 12:00 pm – 6 pm and Sunday, 9 am - 12 noon, located on the Plaza

Recycling - CLOSED: monthly recycling at Abiquiu clinic.

NEW LOCATION: Tues. - Sat. 8am to 4 m. Garbage & Recycling at the new El Prado Convenience Station at the Rural Events Center. Look for flyer or call for information, Joseph Lewandski of North Central Solid Waste 747-8459.

Ojo Caliente

Ojo Caliente Fire Dept. Mtg. - every 1st Wednesday, 7 pm, Ojo

Luciente, Inc., is pleased to announce that it has been awarded \$35,212 for fiscal year 2008 by the New Mexico Youth Conservation Corps.

During a ten week summer program, this award will support the development of work and life skills of eight local youth, ages sixteen to twenty-five, who will complete forest restoration and beautification within the El Rito Ranger District, Carson National Forest.

Participating youth will earn a salary and at the completion of the program will receive a \$1,000 AmeriCorps

Recruitment for this program will begin in April 2008. All interested youth are encouraged to write to Luciente, Inc., POB 607, Abiquiu, NM 87510 for more information.

Luciente's mission is to foster the arts, education and economic development in the Highway 84 corridor from Rio Chama northwest to Ghost Ranch, north along NM 554 to El Rito and west along NM 96 to Gallina.

EL RITO LIBRARY

There will be a presentation of
The El Rito Oral History Project
 by Professor Roberta Orona-Cordova
 at the
 El Rito Library at 1:00 pm on
 Saturday, March 5th.

She will talk about her interviews with some El Rito residents and show historic and family photos. History of El Rito by Esperanza Gonzalez will be presented.

This free event is open to all, and is also funded by Northern New Mexico College and the New Mexico Humanities Council.

Professor Orona-Cordova will also present this talk at the National Hispanic Cultural Center in Albuquerque on Monday, March 17th at 7 pm.

For further information, call the El Rito Library, 575-581-4608.

EL RITO LIBRARY HOURS

581-4608

Tuesday, Wednesday, Thursday

10 am - 6 pm,

Saturday 11 am - 5 pm

PUEBLO DE ABIQUIU LIBRARY AND CULTURAL CENTER / 505 685 4884

Join us in celebrating the life of Antonio Jose Martinez, born in Abiquiu on January 29, 1793. Padre Martinez published the first book in New Mexico in 1834 and founded a school for boys and girls while serving as a priest in Taos and surrounding villages

**AN AFTERNOON WITH PADRE MARTINEZ
 A Benefit for the Library** ▶▶

CONT'D - ABIQUIU LIBRARY & CULTURAL CENTER

AN AFTERNOON WITH PADRE MARTINEZ

**A Benefit for the Abiquiu Library
 SUNDAY, APRIL 6, 2008 / Noon-5 PM
 FREE AND OPEN TO THE PUBLIC
 Special Potluck Dinner and Performance
 following the readings / \$10**

- Readings about the life of Padre Martinez: 20 of your friends and neighbors will read continuously from *But Time and Change*, the biography by Fray Angelico Chavez and excerpts from Padre Martinez's *New Perspectives From Taos*.
- View digital versions of Padre Martinez's primer *Cuaderno de Ortografia*, the first book printed in New Mexico and other nineteenth century books printed in Mexico
- Exhibition of children's portraits and drawings of Padre Martinez. "Potluck Dinner Theatre" in the Parish Hall following the readings. Enjoy delicious homemade food and a performance about the life of Padre Martinez by our very own **Dexter Trujillo, Alice Garcia and Isabel Trujillo** entitled *I Returned and Saw Under the Sun*.

Here's how to help us by contributing to the event:

- Sponsor a reader @ \$50 per reader.
- Sponsor one of the "dinner theater" performers @ \$50 per performer.
- Buy a \$10 dinner ticket.
- Sponsor the volunteer art workshop for the children's portraits presented by Iren Schio and Sabra Moore in a donation of any amount.
- Sponsor the children's portraits with a donation of any amount.
- Donate food for the potluck dinner or sponsor a cook.

The Pueblo de Abiquiu Library and Cultural Center is tax-exempt charitable organization. All donations are gratefully appreciated and deductible to the extent allowable by law.

OTHER LIBRARY NEWS:

- Special thanks to Charlie and Debbie Carrillo and Barbe Awalt from LPD Press/Rio Grande Books, Tradicion Revista Magazine, New Mexico Book Co-op for their donation of New Mexico Book Award books. They make a lovely addition to our collection!
- We also want to thank Jim Romberg, for donating Woodworking, floral, and matrimonial reference materials. We really appreciate it.
- We now have the Funding Education Beyond High School, The Guide to Federal Student Aid 2008-09 catalog available.

Come and check out all the new books. Ask our Librarian Sandi for assistance. Pueblo de Abiquiu Library: abiquiupl@gmail.com or 505 685 4884.

Library Hours are Sunday through Thursday, Noon-6 PM.
The Library will be closed Easter Sunday, March 23rd.

Las Clinicas del Norte

EL RITO CLINIC
PO Box 237, El Rito 87530
Phone: 581-4728
1-800-869-7624

OJO CALIENTE CLINIC
PO Box 307, Ojo Caliente 87549
Phone: 583-2191
1-866-665-6832

ABIQUIU CLINIC
PO Box 757, Abiquiu 87510
Phone: 685-4479
1-866-578-1662

MEDICAL:

MON thru FRI 8 am- 6:30pm
Confidential Family Planning Title X Services available

COUNSELING: 581-4728, # 232

Call to schedule, Monday thru Friday
Spanish speaking on Friday

DENTAL SERVICES: Same Hrs.

MEDICAL:

TUES thru FRI 8 am- 6:30 pm
Confidential Family Planning Title X Services available

COUNSELING: 583-2191

Call to schedule, Monday thru Thursday
Spanish speaking on Tuesday thru Thursday

NO DENTAL SERVICES

MEDICAL:

MON thru FRI 8 am- 6:30 pm
Confidential Family Planning Title X Services available

COUNSELING: 685-4479

Call to schedule, Wednesday & Friday

NO DENTAL SERVICES

LCDN BOARD OF DIRECTORS

President, Gary Salazar; Vice-President, Marcos Garcia; Treasurer, J. Curt Hoffman; Secretary, Pauline Varoz. Members, Tony Chacon, Erma Crim, Trudy Drake, George Flores, Gilbert Ferran, Lillian Gallegos, Peter Hansen. Honorary Member, Jeremias Archuleta

DONATIONS – will be listed for one year

Las Clinicas would like to thank the following 2007 and 2008 contributors

\$ 100 and under— John Picaro (9/07),
\$ 200 - Wimett Revocable Trust Thomas or Genevieve Wimett (2/08)
\$ 500 - The New York Community Trust James Talcott Fund (1/08),
\$ 500 - Andy R. Lopez (1/08),
\$ 500 - Helen Hunt (2/08)
\$ 500 - Ann Norton (12/07)
\$1000 - Sam R. & Isabel E. Jewell, Abiquiu (11/07)
\$3293 - El Trujillo (1/08)

We will continue with the 2007 contributions until July 2008.

Las Clinicas del Norte, Inc.

D/B/A Las Clinicas del Norte
PO Box 237
El Rito, NM 87530

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