

# EL AVISO

September 2007

## CCS SCHOOL-BASED HEALTH CLINIC

*Mesa Vista School District and Pojoaque Valley School District.* — Students can see a therapist individually or in a group, therapy is provided to comprehensively meet the complex needs of individuals. Therapy is available at the student's home, school or clinic.

To promote its strengths in order to provide a healthy physical and emotional climate for its residents, it is our belief that such changes must come from the community itself, with Las Clinicas being a partner in efforts that are within our mission statement.

The child's therapist can also coordinate services directly with teachers and other school staff. Often clients need additional assistance. A Case Manager can assist people in receiving services and applying for State Health Coverage. If you or your child are in need of Medical Insurance we can help, contact our Case Manager so we can schedule an appointment to see if you qualify.

STRICT CONFIDENTIALITY IS OBSERVED with all calls, information and records. A sliding scale is applied to determine fees. Counseling and school based services are covered by most insurance plans and by Medicaid with no co-pay.

### School-Based Staff

#### Tod L. DiCecco, LPC Therapist

B.A., Psychology, Johnson State College, VT  
M.A., Counseling, Southwestern College, NM  
LPC, License # 0094531, New Mexico

Tod has worked in the mental health arena for approximately 8 years and is trained in Motivational Interviewing, Community Reinforcement and Family Training (CRAFT), Community Reinforcement Approach (CRA), IMPACT Model for Depression, providing treatment to co-occurring populations, suicidal prevention, intervention and postvention. He is certified in grief counseling, death education and hospice through Southwestern College. He is well versed in evidence-based best practice models including Stages of Change, Multi-Systemic Therapy and Cognitive Behavioral Therapy including experience with DBT. He has worked in inpatient and outpatient settings providing individual, group and family therapy with adolescents and adults. He also does work in and around eco-therapy and creative expression.

#### Leann Martinez, LMSW Therapist

BSW, New Mexico Highlands University, Las Vegas, NM  
MSW, New Mexico Highlands University, Las Vegas, NM  
LMSW, New Mexico

Leann is a graduate from a Bi-Lingual/Bi-Cultural Program. Leann has approximately 5 years experience working in the field. She began her work in social work with the Children, Youth and Families Department with Treatment intervention for families working on the reunification process. She provided group therapy to children ages 3 to 5, and supportive services to their families. Currently, she works with children, adolescents and families through the Clinics School based Health Centers. She also provides individual, group and family therapy to clinic patients.

#### Georgette Serrano

Medicaid Program Manager/Case Manager

Georgette recently joined the team at Las Clinicas Del Norte in a position dedicated to providing Medicaid outreach to the underserved populations of Rio Arriba County. She also provides Case Management support to the treatment team. She assists people in finding services for income support, energy assistance applications, disability filings, vocational services, and other community resources. Case Managers visit families at home and assist them in assessing their strengths as well as needs. They can help with coordination with other services available at Las Clinicas.

#### Kathy Albrecht, LISW, LCSW Clinical Director

BSW, University of Nevada at Las Vegas, Las Vegas, NV  
MSW, New Mexico Highlands University, Las Vegas, NM  
LISW, License # I-06180, NM  
LCSW, License # 5022-C, NV

Kathy has 25 years experience working in the field with co-occurring populations. She began working in the grass roots domestic violence and rape crisis movements of the 1980's allowing her the opportunity to develop solid crisis intervention skills. She has over 15 years experience working with individuals and families with Co-Occurring Disorders including inpatient, outpatient, and outreach to the homeless community. Prior to her current position, she developed two programs for Santa Fe County: 1) The Adolescent Residential Center which is a community reintegration program for violent adolescent offenders. This program is one-of-a-kind as it is developed on the Stages of Change model and utilizes positive Motivational Interviewing and client strengths to affect forward momentum. ►

**LAS CLINICAS DEL NORTE: A Community Health Center, Established in 1972**

Serving the communities of Abiquiu, Ancones, Barranco, Cañon, Carson, Chili, Cañones, Cañon Plaza, Duranes, El Llanito, El Pueblo, El Rito, Gallegos, Gavilan, Ghost Ranch, La Cueva, La Madera, La Mesa, La Zorro, Las Casitas, Las Tablas, Los Pinos, Medanales, No Agua, Ojo Caliente, Olguin, Petaca, Placitas, Plaza Blanca, Rio Chama, San Miguel, Servilleta, Servilleta Plaza, Silvestres, Tierra Azul, Tres Orejas, Tres Piedras, Tusas and Vallecitos and Youngsville

► cont'd - CCS School-Based Clinics

2) Day Reporting Program which is an alternative to incarceration intensive outpatient program. This program is also designed around the Stages of Change model and incorporates family and community into the treatment process. In her current position she and her team provide services to the population of Rio Arriba County which has one of the highest rates of death related to heroin addiction and over-dose in the country. Social stigma, inter-generational addiction, and poverty are barriers that she and her team battle each day in providing mental health services to the communities in the County. She is also adjunct faculty for the social work program at New Mexico Highlands University, and a member of the National Association of Social Workers.

## Announcements and News

### New and Old Faces:

**Monika Archuleta** is back working 2 days a week as a Dental Cashier-receptionist.

El Rito resident **Patty Shure** is doing her Intern Social Worker residency at the clinic.

Social worker **Roy Scott** has left to return to his home in the east. **Tod Dicecco** is now a social worker in Abiquiu as well as PVSBC.

In Abiquiu **Liane Martinez** in part-time as Cashier-receptionist while **Roxanne Rodriguez** is out on maternity leave.

**Dr. Pat Martin** left the clinic at the end of August. We will miss him enormously. Dr. Martin wanted to be closer to home, he and Tracy Martin have 3 pre-school children. Dr. Martin is going to be working for the state prison system which will keep him 10 minutes from the family home in Santa Fe. Dr. Martin declared "I don't know how to thank the staff and local community for allowing me into their lives and to participate in their care. I am truly grateful for my experience here. God bless and we never know, I may be back next week saying - What was I thinking?"

## El Rito Elementary School - New Spaces

The El Rito kids are in school. Finding space to house the El Rito Elementary School students while their new school is being build took a concerted effort from Northern's President Griego and the NNMC Board, the Mesa Vista School District Board and the County. Thank you to all.

The solution now in place has some of the pre-school kids at the new County Community Center, some in the Library at the old school along with administration. The older children, who started classes after Labor Day weekend, are housed in NNMC's Grant Gym after workers from NNMC staff divided the building into 6 classrooms. In the future bringing in temporary buildings is being planned.

## ⊗ Community Events ⊗

Contact: Joan Tollefson 1-505-323-1519/ 581-4728 x255/ email: joan@lcdn.org

For Health Advise when we are closed, call Nurse Advise New Mexico 877-725-2552 open 24 hours.

### El Rito

**Las Clinicas del Norte Board Meeting** - every 4th Monday, 6 pm, El Rito Clinic Community Room

**El Rito Library** - Tues, Wed, Thurs, 10 am – 6 pm, Sat, 11 am – 5 pm

**El Rito Library Board Mtgs.** - every 2<sup>nd</sup> Wednesday, 6:30 pm at Library

**AA Meetings El Rito** - Tues & Thurs, 6:30-7:30 pm, and Sun, 5:00-6:00 pm, both at El Rito Library. Open discussion.

**El Rito Fire Dept. Mtgs.** - every 2<sup>nd</sup> Wednesday, 7 pm, at the El Rito Fire Station, open to the public

**Tutoring** - El Rito Save the Children Ctr, contact # 581-4516

**Recycling** - CLOSED behind Martin's Store. NEW LOCATION: Daily Recycling Station at the old El Rito Dump. Look for flyer or call for information, Joseph Lewanski of North Central Solid Waste, 747-8459.

### Abiquiu

**Abiquiu Fire Dept. Mtg.** - every 2<sup>nd</sup> Thursday, 7:30 pm, Fire Dept.

**AA Meeting** - Saturday, 12 Noon, Abiquiu Library

**Al-Anon Mtg.** - Every Mon. 5:30-6:30, Abiquiu Clinic rear bldg. For info call Jean 685-4490

**Abiquiu Library** - Mon, Tues, Wed, Thurs, 12:30 pm – 6 pm and Sunday, 9 am - 12 noon, located on the Plaza

**Recycling** - CLOSED at Abiquiu clinic. NEW LOCATION: Tues-Sat, 8 am to 4pm. Garbage & recycling at new El Prado Convenience Station at the Rural Events Center. Look for flyer or call Joseph Lewanski of North Central Solid Waste 747-8459.

### Ojo Caliente

**Ojo Caliente Fire Dept. Mtg.** - every 1<sup>st</sup> Wednesday, 7 pm, Ojo Caliente Fire Dept.

## Northern New Mexico College—El Rito Campus September

5 thru October 5 — Adobe Wall Construction with Q. Wilson  
7 Last Day to drop from a full-term course without a record or refund

10-14 Introduction to Weaving Class with Karen Martinez

15-17 Vegetable Dyes/Local Plants with Liesel Orend

17-21 Retablo Class with Juanito Jimenez

20 Job Career Fair @ Espanola Campus everyone is invited.

Please feel free to check our web-site for new and exciting classes all fall. [www.nnmc.edu](http://www.nnmc.edu)  
For example **Wildland Fire Science Classes, Conversational Spanish, Aztec Mexican Healing II, Solar Classes and more.**

This month will also be very exciting to see our elementary school children at our Grant Gym, a temporary classroom setting until a new school is constructed. Good luck kids.

Check our web-site [www.nnmc.edu](http://www.nnmc.edu) for new updates.  
Student Activities Coordinator, NNMC El Rito Campus  
PO Box 160 Phone (505) 581-4120

# EL RITO LIBRARY

## "Death by Chocolate"

We will again be participating this year in the El Rito Studio Tour. "Death by Chocolate" has been very popular for the past three years and it has also been a very good fundraiser for the Library so we will be selling those mouthwatering chocolate delights. If you are interested in helping out the Library by donating a home-baked chocolate dessert, please contact our Library Board Secretary, Janice Snellman, at 581-0062. We will need desserts for both days (Saturday and Sunday), so just let Janice know what day you plan to bring in your dessert. We would be very grateful for your donation. The children in Marbella Martinez's Retablo Class will also be selling some of their retablos -- so come support our youth.

## Fall Flea Market

Mark your calendars! Saturday, October 13, 2007 there will be a "Fall" flea market here at the Library. So start getting your un-needed items and get ready to sell them. First come - first serve. Bring your own tables. Pack it in - Pack it out!

## Back to School Supplies

We would like to thank those community members who took the time to buy some school supplies for our children. Our school supply box was overflowing with items for our kids. The supplies will be taken to the teachers at the elementary school and they will distribute the supplies to the kids who need them. Thank you for your generosity!

## Library for the Blind & Physically Handicapped

*We now offer free notary public services!*

## New El Rito Library Hours

581-4608

Tuesday, Wednesday, Thursday

10 am - 6 pm,

Saturday 11 am - 5 pm

## Abiquiu Public Library

Pueblo de Abiquiu Library and Culture  
Center  
Presents

## PUEBLO DE ABIQUIU: IDENTITY & HISTORY

**A Six-Session Seminar/ Conversations with**

**Abiquiú Historian DAVID V. LOPEZ**

**Two weeks / Tuesday, Wednesday & Thursday, 7-9 pm**

**September 18, 19, 20 & September 25, 26, 27.**

David Lopez is a Pueblo de Abiquiu descendant and cultural activist, linguist and historian. He taught history to several generations of students at the Espanola Valley High School. He is currently writing a book on the history of the Abiquiu jurisdiction and will share some of his research discoveries with the seminar participants. The seminar, in conversations format, will cover six phases of the Pueblo de Santo Tomás Apóstol de Abiquiú's history. López will initiate each conversation with six previously unrecognized, original documents as "ice-breakers." Each session will partially address the "conditions under which the Pueblo lost its status as a pre-historical and historical Pueblo."

The six-session seminar, covering six phases of the pueblo's history, is limited to fifteen participants. This program is open to adults

## Abiquiu Public Library Hours

685-4884

**Monday through Thursday and Sunday -  
1 pm—6 pm**

# Las Clinicas del Norte

## EL RITO CLINIC

PO Box 237, El Rito 87530

Phone: 581-4728

1-800-869-7624

## OJO CALIENTE CLINIC

PO Box 307, Ojo Caliente 87549

Phone: 583-2191

1-866-665-6832

## ABIQUIU CLINIC

PO Box 757, Abiquiu 87510

Phone: 685-4479

1-866-578-1662

### MEDICAL:

MON thru FRI 8 am- 6:30 pm

Confidential Family Planning Title X Services available

### COUNSELING: 581-4728, # 232

Call to schedule, Monday thru Friday

Spanish speaking on Friday

**DENTAL SERVICES:** Same Hrs.

### MEDICAL:

MON thru FRI 8 am- 6:30 pm

Confidential Family Planning Title X Services available

### COUNSELING: 583-2191

Call to schedule, Monday thru Thursday

Spanish speaking on Tuesday thru Thursday

**NO DENTAL SERVICES**

### MEDICAL:

MON thru FRI 8 am- 6:30 pm

Confidential Family Planning Title X Services available

### COUNSELING: 685-4479

Call to schedule, Wednesday & Friday

**NO DENTAL SERVICES**

## LCDN BOARD OF DIRECTORS

President George Flores, Vice-President Gary Salazar, Treasurer J. Curt Hoffman, Secretary Lillian Gallegos, Members: Tony Chacon, Trudy Drake, Peter Hansen, Erma Crim, Pauline Varoz, Gilbert Ferran, Marcos Garcia, Honorary Member: Jeremias Archuleta

## DONATIONS – will be listed for one year

### Las Clinicas would like to thank the following 2006 and 2007 contributors

\$ 100 and under—In memory of Steven Patrick: Richard and Beth Patrick of Livermore, CA; William and Sally Sutcliffe; Bettie and Harold Ryan; Josephine V. Stout (8/06)

\$ 400 - The New York Community Trust, James Talcott Fund (1/07)

\$1000 - Sam R. & Isabel E. Jewell, Abiquiu (1/07)

**Listing for 2006 run through July of 2007. We will continue with the 2007 contributions.**

## Las Clinicas del Norte, Inc.

D/B/A Las Clinicas del Norte

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El Rito, NM 87530

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**BOXHOLDER**



Funded in part by the  
NEW MEXICO DEPT. OF HEALTH  
PUBLIC HEALTH DIVISION